




November 2022

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 Forward the Traveler to a Friend

WSO News

First Ever ACA Quarterly Business Meeting

ACA will hold a first-ever quarterly business meeting Nov. 12, 9 am-1 pm Eastern US time. Please attend.

All ACA groups, intergroups, or regions are eligible to name a delegate. Groups that signed up for the 2022 ABC, held in May and July, are automatically registered.

Information and online registration are available at <https://acaworldconvention.org>.

Volunteer Day

Volunteer Day, November 5th

A three hour program, beginning at 12:30 pm Eastern US

SAVE THE DATE

Learn:

- to recognize your abilities
- about WSO Committees and volunteer opportunities
- how to sign up for service

More information at: <https://acawso.org/vrc/>



ACA News Around The Globe



ACA Arabic Speaking meetings are now possible

We now have Arabic speaking meeting on zoom and in Cairo, Egypt!!

If interested in supporting meetings and translations in Arabic, please contact: westasianafriahub@acawso.org.

If interested in Farsi or languages in Asia, contact us at globalmembers@adultchildren.org or translations@acawso.org.

Applications For The Board Of Trustees

The Nominating Committee is currently accepting the next round of applications for the Board of Trustees. We currently have 10 of 20 possible members to do the important work of our fellowship. If you're interested, please contact us for more information.

<https://acawso.org/category/nominating-committee/>

Summary Of ABC Ballot Proposals

For a summary of the ABC ballot proposals voted on at our recent ABC, see an article in the ComLine. <https://adultchildren.org/literature/comline/>

Calling All ACAs Seeking Service Opportunities

Calling all ACA members seeking service opportunities! Three WSO committees are looking for a few someones to read and answer incoming emails - Members Services, Intergroups and ACA Teen sub-committee on a temporary basis.

Volunteers Needed At The World Service Office

Attention all ACA members! Your World Service Office needs volunteers to help carry the ACA message. If you would like to donate an hour or more of time (between 8am and 4pm M-F Pacific Time) and live in the Signal Hill/Long Beach, California area, please contact us at info@acawso.org or fill out the form at <https://acawso.org/service>.

The Laundry List Is Now Available As An E-Book

WSO announces The Laundry Lists Workbook is now available as an eBook. It is for sale on Kindle, Apple Books and Barnes & Noble ebooks marketplaces.

Amazon Kindle

<https://www.amazon.com/Laundry-Lists-Workbook-personality-dysfunctional-ebook/dp/B0BKYSKBPZ>

Apple Books <https://books.apple.com/us/book/the-laundry-lists-workbook/id6444091726?ls=1>

B&N Press

The Loving Parent Guidebook

The Loving Parent Guidebook (LPG) has been out for a year! Over 28,400 have been sold worldwide and 160+ meetings use the guidebook. We'd love your feedback on using the LPG at <http://litreview.adultchildren.org>. Click for more guidebook news and tips.

For more information: <https://acawso.org/2022/08/17/one-year-update-the-loving-parent-guidebook/>

Literature In Development

Literature in Development is compiling a revised list of Affirmations. If you would like to join the working group, or send in your favorite Affirmation, please contact litchair@acawso.org. We meet the last Saturday of the month at 12 noon Eastern.

To Our International Fellowship

To our international fellowship: please consider becoming a reader for new literature being evaluated in Literature Evaluation. We particularly welcome readers for whom English is not a primary language. Please contact litchair@acawso.org.

Please Submit Comments Or Suggestions

Please submit comments or suggestions about any piece of Literature to <https://acawso.org/feedback-on-existing-literature/>. Comments especially welcome for two documents in Fellowship Review period: Loving Parent Guidebook and Bill of Rights.

ComLine Has A New Feature

The ACA newsletter-blog, ComLine, has a new feature! You can email an article to a friend. Please help us spread the word by reading and forwarding articles! <https://adultchildren.org/literature/comline/>.

New Product Alert: Booklet Kit

A new item called "Booklet Kit" has been added to your shop.adultchildren.org webstore. It includes 1 each of the popular ACA Booklets.

The set being sold for \$6.50 consists of 1 each of the Newcomer, Cross Talk, Identity Papers, and Good Enough Group booklets. If purchased separately these would cost \$8 plus tax. This represents a savings of 20% compared to purchasing the items individually!

Click on the image to go to the booklet kit webstore link.



Enhanced Meeting Search Page

The IT committee is pleased to announce that an enhanced meeting search page has been released. To find out about how to take advantage of the new features read our [updated meeting search article](#)

Treasurer's Corner

ACA WSO Needs Your 7th Tradition Support

ACA WSO is growing rapidly as Adult Children from around the world begin to experience recovery with literature made available by WSO. Some are receiving books in their own languages for the first time!

Please help our fellowship continue to grow by going here and contributing today:

<https://adultchildren.org/7th-tradition/>

[Click Here](#) to read the Monthly Treasurer Report. The latest report displayed is usually two months before the current month.

7th Tradition Contributions And Donations Processes Survey

If your ACA group or meeting is online or by telephone, please complete this survey about 7th Tradition contributions and donation processes. We will summarize the information we collect into a report to share with other ACA groups.

[7th Tradition Survey for Virtual Meetings\(Online or Telephone ONLY\)](#)

Fill out this form.

7th Tradition

The flyer titled "[Where the Money Goes](#)" shows how we utilize your contributions to carry the ACA message around the world. Please consider making a monetary contribution to help the next ACA receive the gift of recovery. Contributions can be made using any of the following options: credit/debit card, Apple Pay, Google Pay, PayPal, Venmo, and check.

Featured Meetings & Events

Tradition 11 Workshop

Join us for A Guide to the 12 Traditions: Tradition Eleven, Saturday, November 26th, at 12pm ET, for sharing and discussion on how attraction rather than promotion not only keeps our fellowship safe but how humility aids personal recovery.

This monthly series is held on the 4th Saturdays of the month. Contact: traditions@acawso.org

Ready Set Go!! Series

Ready Set GO!! is a 6-week introductory program of the ACA program, the ACA 12 Steps and an introductory Inner Child Workshop "Awakening My Little One".

[2022 Morning Series Dates:](#)

Tuesdays

9:00am CT, 10am ET, 7:00am PT, 8:00am MT

Nov 15, 22, 29, Dec 6, 13, 20

Jan 3, 10, 17, 24, 31, 2023, Feb 7, 2023

<https://acawso.org/calendar/ready-set-go-morning-series-10/2022-11-15/>

[2022 Evening Series Dates:](#)

Thursdays

7:00pm CT, 8:00pm ET, 5:00pm PT, 6:00pm MT

Nov 17, Wed 23, Dec 1, 8, 15, 22

Jan 5, 12, 19, 26, Feb 2, 9, 2023

<https://acawso.org/calendar/ready-set-go-evening-series-4/>

Contact:

acatoni5617@comcast.net

readysetgo.pa19@gmail.com

Toronto ACA Intergroup Annual ACA Conference

Dear Fellow Travelers,

Please join the Toronto ACA Intergroup for our Annual ACA Conference, "It Works If We Work It" – Fulfilling the ACA Promises Saturday and Sunday November 5 & 6, 2022, 9:00 am – 6:30 pm ET. This is a virtual event on Zoom.

Be inspired to become more active in your ACA recovery process!

You are invited to attend:

- four interactive workshops on tools your ACA Fellow Travellers are using to fulfill the ACA Promises in their life
- a Talent/No Talent Show on Sunday November 6 at 3:30 ET (separate registration is required at <https://acatoronto.org/aca-promises-conference/>)
- two dance parties, and
- fun and healing activities throughout the Conference

For registrations, go to <https://acatoronto.org/aca-promises-conference/>

Questions? Contact us at acatorontoevents@gmail.com

Sponsored by ACA Regional Intergroup Greater Toronto Area (IG 558)

[See More Events](#)

[Submit Your Event](#)

Meetings - ACA WSO maintains a World Meeting List of registered ACA meetings that take place in person, over the phone or online, which is updated monthly. Visit the [Find a Meeting](#) page on adultchildren.org to search for a meeting, or for more detail on specific meeting types, visit the [Meeting](#), [Phone](#), and [Online](#) meeting information pages.

WSO Board of Trustees Teleconference

The ACA WSO Board holds its monthly teleconference meeting on the second Saturday of each month, using Zoom, at 2pm Eastern time.

Zoom Meeting ID: 228 809 511 **Passcode:** 90755 For more information, including agendas, previous minutes, the Zoom meeting ID, and telephone access numbers, please visit the [ACAWSO.ORG website](http://ACAWSO.ORG).

Meeting List Maintenance

Did you know that ACA has almost 3,000 meetings? We have a team of volunteers that supports the fellowship by managing changes and additions to the list. Email us at meetings@acawso.org if you would like to join our team.

Twelve Concepts of Service - Concept XI

While the Trustees hold final responsibility for ACA's World Service administration, they should always have the assistance of the best possible standing committees, corporate trustees, executives, staffs, and consultants. Therefore the composition of these underlying committees and service boards, the personal qualifications of their members, the manner of their induction into service, the systems of their rotation, the way in which they are related to each other, the special rights and duties of our executives, staffs and consultants, together with a proper basis for the financial compensation of these special workers, will always be matters for serious care and concern.

You can find the [12 Concepts of Service here](#).

Daily Meditation Emails

ACA WSO also publishes a daily email with the Meditation of the Day from the book "Strengthening My Recovery". You can sign up to receive the [meditation email here](#). You will need to sign up for this separately from The Traveler Newsletter email.

About Adult Children of Alcoholics (ACA)

ACA is a worldwide 12 Step / 12 Tradition program of recovery

dedicated to people who were raised in dysfunctional families. ACA does not seek to assign blame to parents or caretakers, but we seek to understand the reality of how family dysfunctions affected us as children and still affects our adult behavior today.



Family dysfunction can include alcoholism, abandonment, neglect, or any type of addiction or abuse. ACA is synonymous with ACoA & Adult Children of Alcoholics and Dysfunctional Families.

For more information visit: www.adultchildren.org

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