

## Young Adults and een Subcommittee (YA&T) November report

- December 2019, the Young Adults and Teen Subcommittee is very slow building up for growing into a resource clearinghouse for teens and young adults. Gathering information and inviting speakers for the monthly subcommittee zoom teleconference:
  - To learn from the experience of the speakers they have with teen or young adult meetings and with the possibility to ask questions.
  - Looking at ways how teens and young adults can recover.
  - Looking at materials for rewriting.
  - Looking at reparenting materials.
  - Looking at meeting safety.
  - Looking at predatory behavior.
  - Looking at all kinds of materials.
  
- For the month December until first week of January all things have been very slow during the holidays. December highlights:
  - A school psychologist would like to start an ACA meeting on a school. We have contacted the Intergroup of the area from the school to help out, the IG responded positive. We are brainstorming about this how we can help, because it is outside enterprise. Can it be a kind of an H&I meeting or not?
  - The writing team is thinking about how ACA Young Adult and Teens can reach out especially to young teens for still being children and not adults, so teens can relate with the existing ACA literature. The existing ACA literature is written for adults and can be even very difficult for some adults too.
  
- Our December speaker on the call was one of the co-writer of the Loving Parent Workbook. Shared experience, strength, and hope with us and did a Loving Parent meditation to show us how helpful this can be for teens too.
  - How can we use the Loving Parent Workbook for teens?
  
- YA&T ongoing discussions

- Do teens need their own literature because all ACA literature is written for adults?
  - Do teens need their own Laundry Lists to use all ACA literature is written for adults?
  - A need to look at language/possibility of having teens write/contribute themselves.
  - Literature Liaison
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- For more information about the Young Adults & Teens Subcommittee please go to <https://acawso.org/category/young-adults> Email: [youngadults.teens@adultchildren.org](mailto:youngadults.teens@adultchildren.org)
  - Young Adults and Teen subcommittee zoom teleconferences are on every third Wednesday of the month and the time will be announced.  
We have a new Zoom number since January 2020: 446 358 110
  - Next Young Adults and Teen subcommittee zoom teleconference on the third Wednesday of the month January.
    - **January 15 at 9 pm (21:00) UTC**
    - <https://zoom.us/j/446358110>
    - find your local number: <https://zoom.us/u/ac3j5BIs0a>  
Meeting ID: 446 358 110;

For questions, please email: [youngadults.teens@adultchildren.org](mailto:youngadults.teens@adultchildren.org)

End Report