

## Young Adults and een Subcommittee (YA&T) November report

- November 2019:
  - The Young Adults and Teen Subcommittee is very slow building up for growing into a resource clearinghouse for teens and young adults.
  - Gathering information and inviting speakers for the monthly subcommittee zoom teleconference:
    - To learn from the experience of the speakers they have with teen or young adult meetings and with the possibility to ask questions.
    - Looking at ways how teens and young adults can recover.
    - Looking at materials for rewriting.
    - Looking at reparenting materials.
    - Looking at meeting safety.
    - Looking at predatory behavior.
    - Looking at all kinds of materials.
- November highlights:
  - **Teens have difficulties with outreach to others.**  
Young people have difficulties with reaching out to others to start an ACA Teen meeting or group. Suggestions, ideas and help needed. Looking in to the idea of a handout, folder, flyer or brochure where experience is shared for reaching out.
  - **Suitable teen reading materials of the exiting ACA materials for meetings are required.**  
Not everything of the “ACA Fellowship text” or “Twelve Steps of Adult Children Steps Workbook” is suitable for teens. What is suitable for teens, is the question.
  - **Specialized Teen meeting materials for teens to relate with.**  
Teen meeting materials are asked. Some teens can relate to the Laundry List/Problem, Other Laundry List, others not. There is a need for more inclusive materials all teens can relate with. It is asked and needed to get a better outreach for young people. The WSO has no official teen meeting/ group materials.
  - ACA people and/or adults from schools don't know how to start or facilitate a teen meeting and asking for help.

We are still brainstorming about this.

- Our second speaker on the call was the co-writer of the Ready Set GO, the sound file of the speaker can be asked by email: [youngadults.teens@adulthood.org](mailto:youngadults.teens@adulthood.org)
  - The speaker made an introduction sharing experience, strength, and hope about the Ready Set Go.
    - Ready Set Go is suitable for older teens.
  - Discussion:
    - A need to look at language for making the Ready Set Go good accessible for (young) teens.
    - Development of a daily teen reader.
    - The need of ACA teen literature.
    - The need for teachers to help create something for all levels of understandability for young people.
    - Rewriting our mission statement for a better understanding.
- The subcommittee started with a phone communication tool Whatsapp and created a WhatsApp group.
  - Some people find it easier to work with a communication tool like Whatsapp than Slack. To connect with people who are not off or not at all on Slack. On most continents WhatsApp is a major communication app. The Young Adults Subcommittee now has its own working group on Whatsapp. If you would like to join please mail us.
- Looking for a new speaker for next subcommittee call. People who would like to be a speaker on the Young Adults and Teen Subcommittee, who has experience with teen or young adults meetings please mail us.
- Inviting people to the monthly teleconferences.
- Inviting ACA people to our ACA WSO Slack channel
  - [#msc\\_teen\\_nd\\_yng\\_adlt](https://acawso.slack.com)
- Open Service Positions
  - The following service positions are open:
    - Vice Chair
    - Secretary
    - Treasurer

- Literature Chair
  - Teen Liaison
  - Other Officers
  - Member Services (take care of questions from the e-mails and Slack.)
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- Young Adults and Teen subcommittee zoom teleconferences are on every third Wednesday of the month and the time will be announced.
  - Next Young Adults and Teen subcommittee zoom teleconference on the third Wednesday of the month.
    - **December 18 at UTC 7:15pm (19:15)**
    - <https://zoom.us/j/192934184>
    - find your local number: <https://zoom.us/u/ac3j5Blsoa>  
Meeting ID: 192 934 184;

More information about the Young Adults & Teens Subcommittee please go to <https://acawso.org/category/young-adults> or on Slack [#msc\\_teen\\_nd\\_yng\\_adlt](https://acawso.slack.com)  
For questions, please email: [youngadults.teens@adultchildren.org](mailto:youngadults.teens@adultchildren.org)

End Report