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Forward the Traveler to a Friend

November 2019

2019 Membership Survey

Your voice matters! Members, throughout the ACA Fellowship are asked to participate in the [2019 Membership Survey](#). The survey will be open from November 1 to December 31, 2019. The goal of the survey is to gather data about the fellowship at large and use that information to inform WSO service committees about the needs of the fellowship. Please share this with other Fellow Travelers; the survey can also be reached from the adultchildren.org website.

2020 ABC/AWC News

Registration is NOW Open!!

Annual Business Conference

April 23 & 24, 2020

ACA World Convention

April 24 (evening), 25 & 26, 2020



The 2020 ABC/AWC will be held at the Renaissance Marriott in Boca Raton, Florida. The hotel is absolutely beautiful, built around a tropical resort style pool and just 3 miles from the beach. There is a free shuttle service to and from the beach.

You can register for the convention, book a room and purchase meals from the [Convention Website](#). The prices for meals and registration will increase as we get closer to the convention. Registering early will not only save you money, but will also help WSO and the Local Host Committee out tremendously with the planning process. We can't wait to see you in Boca Raton!

2020 AWC Workshops

Are you interested in leading a workshop at the 2020 AWC? More information, as well as the application can be found on the [ACA World Convention Website](#).

ABC Call for Ballot Proposals -- Deadline November 30th

The Call for Proposals for the 2020 ABC was sent to all groups on August 1st. If your group did not receive this information, please send an email to bpc@adulthood.org - and it's also available on the service website for the [Ballot Prep Committee](#).

Literature Committee

Volunteer Request: Team to Review Spirituality in Literature

A new Literature Committee study group, focusing on how ACA discusses God and spirituality in its fellowship texts, is holding its next meeting on Saturday, Nov. 9, from 11 am to 12:30 pm Eastern US time. Online information for the first call is: <https://zoom.us/j/419900047>, or dial in at 1-929-205-6099, or 1-669-900-6833. Meeting ID: 419 900 047. To find your local number, go to <https://zoom.us/u/abCdNscMZK>.

If you would like to help shape how ACA discusses spirituality, please join us. The purpose of the group is to review existing ACA literature and consider alternative ways to discuss ACA's spiritual dimension that are inclusive of all religious traditions, including those who are agnostic or atheists. Based on the group's study, recommendations will be made to the Literature Committee for possible changes to ACA literature. For information, please send an email to litchair@acawso.org, or contact the meeting facilitator, Lou B., via Slack.

New ACA Literature to Be Released in 2020

This has been a busy year for WSO Literature Committee volunteers, and the result will be three new ACA literature releases in 2020.

A new ***Loving Parent Guidebook*** is nearing completion. This book, with explanation and exercises, will help readers better understand and experience the process of reparenting—giving love, nurturing and healthy guidance to our inner children. This project was authorized by the 2017 Annual Business Conference.

Getting Started is a book focusing on the needs of ACA newcomers, and those hoping to better grasp ACA recovery essentials. Significantly shorter than

the Big Red Book (it is expected to be about 200 pages), Getting Started is intended to make ACA's most essential ideas accessible through gentle, plain language.

Finally, **Ready Set Go!!** is a workshop guide authorized by the 2018 ABC. The book originally was composed by members of the West Great Lakes ACA Intergroup, as a four-part introductory meeting to ACA's 12 Steps. The guide is being adapted so that it can be used for one-day workshops as well as multi-part in-person and telephone meetings.

All of the publications are in the late stages of drafting, and all are expected to be for sale by late spring or early summer 2020.

These publications have been created by literature volunteers, and many other projects are on the drawing board. If you have been helped by ACA literature, and would like to help adult children carry our message of Experience, Strength and Hope, please contact Charlie H. at litchair@acawso.org.

Nominating Committee

New ACA WSO Trustee Positions for 2020 - Apply by Nov 22, 2019

Do you have what it takes to serve as an ACA WSO Trustee? Do you have a compelling desire to make a difference in our fellowship at the global level? Do you think you can represent a segment of our fellowship that is underrepresented in the WSO? If you answered, "maybe" or "yes" to any of these questions, check out the "[Trustee Guidelines and Application](#)" and apply! If you are not yet eligible, these guidelines will give you a clear path to get there. The Committee will present nominations to the WSO Board in February 2020. <https://acawso.org/category/nominating-committee/>

Resource Spotlight

The 4th Quarter ComLINE was released in October!

[Click here to view and/or download](#)

This ComLine issue includes:

The Growing Up of the Inner Child

The Gift of Reparenting Myself

"Seed of Fear"

Fly Up High, Fall Down Low

The "NonDom" Book

Discovering My Loving Parent and My Inner Child(ren)

Call for Shares: Loving Parent Guidebook

ComLINE is our quarterly publication where members, from around the fellowship, share their experience, strength, and hope (ESH) on the 12 Steps, Traditions, and Promises of ACA. If you would like to share ESH from your own recovery journey or view current and back issues, please visit the [ComLINE Page](#).

Featured Meetings & Events

ACA Løkka 1 Year Anniversary - You're Not Alone

Saturday, November 2nd -- Helgesens Gate 62A, Oslo

[Event Flyer](#)

Greater East Bay - Fellow Traveler Co-Sponsorship Workshop

November 10th -- 1:30 to 3:30pm -- Oakland, CA

[Event Flyer](#)

ACA Fall Retreat

November 14 - 17 -- Portland, OR

[Event Flyer](#)

Recovery Journey One Day ACA Conference

Saturday, November 16th -- 9am to 5pm -- Toronto, ON

[Event Flyer](#)

November Journal-Making Event

Saturday, November 16th -- 1 to 4pm -- Indianapolis, IN

[Event Flyer](#)

Western Washington Retreat

November 21 - 24 -- Seabeck, WA

[Event Flyer](#)

2020 Annual Business Conference (ABC) & ACA World Convention (AWC)

April 23 - 26, 2020 -- Boca Raton, FL

[Event Website](#)

[See More Events](#)

[Submit Your Event](#)

Meetings - ACA WSO maintains a World Meeting List of registered ACA meetings that take place in person, over the phone or online, which is updated monthly. Visit the [Find a Meeting](#) page on adultchildren.org to search for a meeting, or for more detail on specific meeting types, visit the [Meeting](#), [Phone](#), [Skype](#) and [Internet](#) meeting information pages.

WSO Board of Trustees Teleconference

The ACA WSO Board holds its monthly teleconference meeting on the second Saturday, of each month, using Zoom, at 2pm Eastern Time. For more information, including agendas,

previous minutes, the Zoom meeting ID, and telephone access numbers, please visit the [ACAWSO.ORG website](http://ACAWSO.ORG).

7th Tradition

ACA WSO is grateful for your contributions that help us do that vital work. Check out our flyer titled "[Where the Money Goes](#)" to see how we utilize your contributions to carry the ACA message around the world. Please consider making a monetary contribution to help the next ACA receive the gift of recovery. Contributions can be made [online](#), by calling at 562-595-7831, or by mail payable to ACA WSO, 1458 E 33rd Street, Signal Hill, CA 90755.

Twelve Concepts of Service - Concept #11

"While the Trustees hold final responsibility for ACA's World Service administration, they should always have the assistance of the best possible standing committees, corporate trustees, executives, staffs, and consultants. ..." You can find the [12 Concepts of Service here](#).

ComLINE

Adult Children Sharing Experience, Strength, and Hope

The ComLINE is a quarterly publication from ACA WSO where members from throughout the fellowship share their experience, strength, and hope on the 12 Steps, Traditions and Promises. [View current and back issues here](#).

Daily Meditation Emails

ACA WSO also publishes a daily email with the Meditation of the Day from the book "Strengthening My Recovery". You can sign up to receive the [meditation](#)

[email here](#). You will need to sign up for this separately from The Traveler Newsletter email.

Traveler Submissions

The Traveler Newsletter is an email publication, scheduled to be released at the beginning of each month, which highlights ACA service news and events. If your service committee, intergroup, region, or group would like to submit news to The Traveler, please visit [The Traveler](#) page for more details.

About Adult Children of Alcoholics (ACA)

ACA is a worldwide 12 Step / 12 Tradition program of recovery dedicated to people who were raised in dysfunctional families. ACA does not seek to assign blame to parents or caretakers, but we seek to understand the reality of how family dysfunctions affected us as children and still affects our adult behavior today.

Family dysfunction can include alcoholism, abandonment, neglect, or any type of addiction or abuse. ACA is synonymous with ACoA & Adult Children of Alcoholics and Dysfunctional Families.

For more information visit:

www.adultchildren.org



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