

Young Adults and Teen Subcommittee (YA&T) September report

- September 18, 2019 Young Adults and Teen subcommittee (YA&T) meeting started or restarted.
- Opening statement approved:
 - When I look let me truly see.
When I listen, let me truly hear.
- Volunteers for service positions.
 - Marc G H (the Netherlands) voted in as Subcommittee Chair for Young Adults and Teens (YA&T).
- ACA Teen Information posted on slack msc_teen_nd_yng_adlt
 - Two members stepped up to review the posted docs and if needed will clean and brush up and/or update the posted docs.
- Mikkel (Denmark) specifically asked Tim from Long Island to be our guest speaker.
 - Mikkel (Denmark) has done that and Tim accepted to be the speaker about young adult or teen meetings for next meeting
- Marc G H (the Netherlands) access for the email account youngadults.teens@adultchildren.org
 - Marc G H (the Netherlands) has now access to the email.
- Laura (US-Calif.) is answering/ replying emails for youngadults.teens@adultchildren.org
 - Marc G H (the Netherlands) is going to help.
- Laura (US-Calif.) wrote the announcement for the October Traveler
 - Message is placed in the October edition:

Young Adults/Teens Subcommittee

Want to help ACA Teens and Young Adults have their own meetings? Do you have an ACA group willing to help facilitate a teen/young adults meeting? Please join us for the next Young Adults & Teen (YA&T) Subcommittee teleconference call.

It will be held on Wednesday, October 16 at UTC 8 pm (20:00).

We would like to hear from you, we welcome your support.

To join this meeting: <https://zoom.us/j/192934184>; Meeting ID: 192 934 184; find your local number: <https://zoom.us/u/ac3j5Blsoa>
For more information about the Young Adults & Teens Subcommittee please go to <https://acawso.org/category/young-adults> Email: youngadults.teens@adultchildren.org

- In closing asked for a group conscience for an ACA affirmation. Member Services Committee (MSC) Chair Carole (US-Calif.) and Marc G H (the Netherlands) suggested substituting “God/Higher Power grant me” with “I give myself”, which Mikkel (Denmark) strongly opposed, as that to him, it rang to self-sufficiency and that is not recovery. Mikkel (Denmark) can or could, of course, accept whatever people say to themselves, but we are a subcommittee under WSO and, as far as Mikkel (Denmark) knows, no one has cancelled our concept of a HP as a general principle. Mikkel (Denmark):
 - “As a committee, I suggest we adhere to standard practices of prayer, before and after meetings, or we will end up discussing that instead of how to help teens and young adults.”
 - *Decision for now:* People can say what they prefer -Prayer or Affirmation.

Prayers:

“God, grant me the serenity to accept the people I cannot change,
the courage to change the one I can,
and the wisdom to know that one is me.”

“Higher Power, grant me the serenity to accept the people I cannot change,
the courage to change the one I can,
and the wisdom to know that one is me.”

Affirmations:

“I grant myself the serenity to accept the people I cannot change, the courage to change the one I can, and the wisdom to know that one is me.”

“I have granted myself the serenity to accept the people I cannot change, the courage to change the one I can, and the wisdom to know that one is me.”

“I give myself the serenity to accept the people I cannot change,

the courage to change the one I can,
and the wisdom to know that one is me.”

“I have given myself the serenity to accept the people I cannot change,
the courage to change the one I can,
and the wisdom to know that one is me.”

- Sept 26 - Minutes Young Adults and Teen subcommittee meeting 18 Sept. send to Member Services Committee (MSC) Chair Carole (US-Calif.) to go through them,
 - Marc G H (the Netherlands) forgot to make an appointment for going through them.
- Marc G H (the Netherlands) working on notes from an interview with someone who did and ACA Teen meeting.
- Marc G H (the Netherlands) is going through the US National Library of Medicine National Institutes of Health registered studies, for the necessity of the Young Adults and Teen subcommittee.
- November second 2019:
 - Marc G H (the Netherlands) emailed all Intergroups of the world to announce the existence of the Young Adults and Teens subcommittee and inviting them to the call of *October 16*.
- Marc G H (the Netherlands) Invited Toni P (Ready Set Go) as future speaker for the Young Adults and Teen subcommittee meeting call.
- Next Young Adults and Teen subcommittee meeting call on Wednesday,
 - October 16 at UTC 8 pm (20:00)

End Report.